







Cara Myers · Video Editor · Director

Emmy Award Winning, 15 Years Experience

Other titles: Director, Filmmaker, Post-Production Supervisor Editing in Adobe Premiere CC

Reel

V-Films.tv

Summary

Cara is a seasoned senior editor, also skilled in directing, mentoring, leading and inspiring comradery in creative teams. Her special interest lies in the documentary genre and has much experience in corporate, commercial, advertising and narrative genres as well. Whether it's a commercial or artistic endeavor, Cara's storytelling style is compelling, fresh, music driven and imaginative. Through empathy, her stand out skill is in creating strong, authentic emotion and engineering transformational experiences. A stand out quality is her unmatched dedication and passion she brings to each project and client relationship.

Skill Set

Post Production (primary)

Editing / Storytelling
Score direction + editing
Rough audio mixing
Script writing with storytelling structure
VO script writing (some)

Production (secondary)

Directing

Interviewing (documentary interviews)

Industry Experience

2010 - Present - Founder, Creative Director, Editor, Vespera Films

2019 - Present, VMLY&R, Editor, Freelance

2018 - Present, Sprint Yellow Fan Studios, Editor, Freelance

2013 - Present, Hallmark, Senior Editor, Freelance

2005 - 2010, Take Two Productions, Editor

Other clients include:

GE, Proctor & Gamble, Lee Jeans, Teva Pharmaceuticals,

Pfizer, & Southwest Airlines

Awards

"The Angel in Red" Short Film – International Distribution – Gaiam TV, 2015 "The Next American Dream" Documentary, t2 – 2010 Mid-America Emmy® Award for Best Cultural Documentary, Co-Director, Editor

**** 5 Star Google Reviews:

(letters of recommendation)

https://goo.gl/maps/Sad7buKztyPJiitj6

Software

Advanced Knowledge:

Adobe Premiere CC Adobe Media Encoder CC

Adobe Audition CC

Intermediate Knowledge:

Adobe Photoshop & Illustrator

Can get around in a pinch:

Adobe After Effects

Past:

Final Cut Studio 7

Education

Kansas City Art Institute, Experimental Film & Sound, BFA, 2003

Volunteering

Hospice Volunteer

Hobbies

Cara love cycling and is an animal lover. She loves cooking and makes soy candles. She enjoys mentoring aspiring editors, teaching editing workshops and speaking to students.

Contact

V-Films.tv

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